

CANCER EDUCATION AND SUPPORT

The Elkhart General Hospital Regional Center for Cancer Services offers a range of educational and support activities to help patients and family members cope with cancer and help fight it.

Man to Man Prostate Cancer Support Group

- 7:00-8:30pm on the first Tuesday of each month in the Elkhart General Hospital Cancer Learning Center, take the “F” elevator to the Radiation Oncology Center

Cosponsored by the Regional Center for Cancer Services and the American Cancer Society, this support group offers encouragement, support, and solutions to common problems associated with prostate cancer. For more information, call the American Cancer Society at (866) 522-2111.

Ostomy Support Group

- 6:00-7:00pm on the third Tuesday of each month at the Elkhart YWCA Senior Center, 200 East Jackson

Cosponsored by Elkhart General Home Care and the Regional Center for Cancer Services, this support group offers physical and emotional support for people with or affected by an ostomy, colostomy, ileostomy or urostomy. For more information, call (574) 523-3476.

Ribbon of Hope Emotional & Spiritual Support for Adult Cancer Patients

A nondenominational spiritual cancer support ministry offering one on one encouragement, support, hope, and prayer, for both newly diagnosed cancer patients and those in treatment. For more information, call (574) 389-7379.

Massage Therapy

Massage Therapy involves the “hands-on” manipulation of muscle and other soft tissue for therapeutic purposes. When administered by trained professionals, the function of joints and muscles is enhanced, circulation is improved and mental and physical fatigue are relieved. To receive a free brochure or to schedule an appointment, call (574) 523-2751.

I Can Cope Support Group

- Dates, times and locations vary. Please call (574) 296-6553 for the schedule.

Cosponsored by the Regional Center for Cancer Services and the American Cancer Society, this group education course is for adult cancer patients, their family members, and friends. Four 2 1/2 hour sessions address topics relevant to the cancer experience. For more information, call (574) 296-6553.

Circle of Hope Breast Cancer Support Group

- 1:30-3:00pm on the fourth Friday of each month at the Elkhart YWCA, 200 East Jackson

For those who have been diagnosed with breast cancer, this support group offers a comfortable environment to ask questions and learn how to cope with cancer. For more information, call Lenny Carl, MSW, LCSW, (574) 262-8116.

Cancer Learning Center

- 7:00am-8:00pm daily. Located at Elkhart General Hospital, “F” elevator to the lower level of the West Wing

Offers free literature about cancer prevention, detection, and treatment in both English and Spanish. The center also has a computer with internet access, videos, CDs, and cassette tapes for cancer information. For more information, call (574) 296-6553.